

Mysteries in the Gospel of John Season 6: The True Food

DISCOVERING
THE JEWISH
JESUS
לגלות את ישוע היהודי

Scripture

- **John 6:36-37, 41-67**

“...I have said to you that you have seen Me, and yet do not believe. All that the Father gives Me will come to Me, and the one who comes to Me I will certainly not cast out. For I have come down from heaven, not to do My own will, but the will of Him who sent Me. This is the will of Him who sent Me, that of all that He has given Me I lost nothing but raise it up on the last day.

Therefore, the Jews were grumbling about Him, because He said, “I am the bread that came down out of heaven.” They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How does He now say, ‘I have come down out of heaven?’” Jesus answered and said to them, “Do not grumble among yourselves.” No one can come to Me unless the Father who sent Me draws him; and I will raise him up on the last day. It is written in the prophets, ‘And they shall all be taught of God.’ Everyone who has heard and learned from the Father, comes to Me. Not that anyone has seen the Father, except the One who is from God; He has seen the Father. Truly, truly, I say to you, he who believes has eternal life. I am the bread of life. Your fathers ate the manna in the wilderness, and they died. This is the bread which comes down out of heaven, so that one may eat of it and not die. I am the living bread that came down out of heaven; if anyone eats of this bread, he will live forever; and the bread also which I will give for the life of the world is My flesh. Then the Jews began to argue with one another saying, “How can this man give us His flesh to eat?” So, Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in yourselves. He who eats my flesh and drinks My blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and My blood is true drink. As the living Father sent Me, and I live because of the Father, so he who eats Me, he also will live because of Me. This is the bread which came down out of heaven; not as the fathers ate and died; he who eats this bread will live forever. These things He said in the synagogue as He taught in Capernaum. Therefore, many of His disciples, when they heard this said, “This is a difficult statement; who can listen to it?” But Jesus, conscious that His disciples grumbled at this, said to them, “Does this cause you to stumble? What then if you see the Son of Man ascending to where He was before? It is the Spirit who gives life; the flesh profits nothing; the words that I have spoken to you are spirit and are life. But there are some of you who do not believe.” For Jesus knew from the beginning who they were who did not believe, and who it was that would betray Him. And He was saying, “For this reason I have said to you, that no one can come to Me unless it has been granted him from the Father. As a result of this many of His disciples withdrew and were not walking with Him anymore. So Jesus said to the twelve, “You do not want to go away also, do you?” Simon Peter answered Him, “Lord, to whom shall we go? You have words of eternal life. We have believed and have come to know that You are the Holy One of God.”

Other Scriptures

- John 6:35
- Mark 3:21-22
- Isaiah 53:3-4
- John 1:11,15:37, 6:35
- Revelation 3:16
- John 17:3
- John 1:29
- Exodus 12:10
- John 6:49-51
- Matthew 9:15
- Proverbs 10:19
- I John 2:16
- Matthew 16:15-16

Main Points

- Just because the majority of Israel was not receiving Him does not mean that God's plan had gone awry.
- In Hebrew the word Ruach HaKadesh means Holy Spirit.
- Jesus is the bread of life that satisfies.
- Jesus is saying, "If you truly make your life all about me, you will receive eternal life."
- We have to be convinced that there is a supernatural God that is present with us right now and that will respond to us.
- He is the one that will and can fulfill you and nothing else can.
- To eat true food, we have to be walking a life of fasting.
- Thank the Father!
- The reason that you have come to Yeshua is because of the Father.
- He is not only the Bread of Life, He's your Bread of Life.
- Only in Him will we find what we're looking for.

Discussion Questions

1. What were the Jews grumbling about? What was Jesus' response in John 6:41-42?
2. Jesus proclaimed that his flesh and blood were bread that was better than the manna the people of Israel ate in the wilderness. What did He mean?
3. To eat true food, what must we do? How can eating food involve fasting? Explain.
4. Was the unbelief of the majority a proof that God's mission for Jesus had failed? Write about this.
5. Is He your Bread of Life? Are you hungry and thirsty for Him? What will this mean for your life? What will it look like? How might this separate you from others not drawn by the Spirit?