

Psalm 103 Season 1

Do You Need an Attitude Realignment?



Scripture

- **Psalm 103:1-3**

A Psalm of David. Bless the LORD, O my soul, and all that is within me, bless His holy name. Bless the Lord, O my soul, and forget none of His benefits. Who pardons all your iniquities, who heals all your diseases?

Other Scriptures

- Nehemiah 8:10
- John 14:27
- Romans 11:36
- Ephesians 2
- Psalm 139:14

Main Points

- Our attitude is independent of our circumstances.
- We have to take responsibility for the attitude that we have.
- The joy of the Lord that we can walk in is separate from our circumstances.
- We have the ability to choose to receive from the Lord, the power that we need to live in thankfulness.
- To walk in righteousness is simply to walk in a way where we are rightly aligned with God.
- A rich person is not an individual that has everything they want; a rich person is thankful for what they have.
- Our attitude can be developed by focusing on all the good things that God has done for us.
- Be thankful for God's love, benefits, and forgiveness.

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Questions

1. Where does true joy come from? How do circumstances play into joy? Where does choice come in to play?
2. Where does empowerment to walk in joy come from? Can we pray for this empowerment?
3. Our very being comes from His sovereign choice. How can this ignite our worship and praise?
4. According to this Psalm, how much of us should be involved in praising the Lord? How true is this of your relationship with Him at this point in time?
5. What are two of His benefits mentioned within these verses? What do they mean to you?