

Psalm 103 Season 2

The Secret to Maturity



Scripture

- **Psalm 103:1-2, 8**

A Psalm of David. Bless the LORD, O my soul, And all that is within me, bless His holy name. Bless the LORD, O my soul, and forget none of His benefits; Who pardons all your iniquities, Who heals all your diseases; Who redeems your life from the pit, Who crowns you with lovingkindness and compassion; Who satisfies your years with good things, *So that* your youth is renewed like the eagle. The LORD performs righteous deeds And judgments for all who are oppressed. He made known His ways to Moses, His acts to the sons of Israel. **The LORD is compassionate and gracious**, Slow to anger and abounding in lovingkindness. He will not always strive *with us*, Nor will He keep *His anger* forever.

- **Exodus 33:18-19**

Then Moses said, "I pray You, show me Your glory!" And He said, "I Myself will make all My goodness pass before you..."

- **Exodus 34:6**

Then the LORD passed by in front of him and proclaimed, "The LORD, the LORD God, compassionate

Other Scriptures

- Exodus 33:11,15
- 2 Corinthians 12:7-9
- Luke 6:32

Main Points

- King David, King of Israel in Hebrew is Dovid Melech Yisrael
- The English word LORD is YHWH-Yud Hei Vav Hei or Yahweh.
- God is reality.
- God is the "be-er".
- God's goodness is His glory.
- Compassionate in Hebrew is Rachum.
- God is a compassionate God.
- God wants us to grow into maturity into who He has destined us to be as His sons and daughters.
- God's compassion is the essence of who He is.
- The challenges we face bring us into maturity.

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Questions

1. What does Psalm 103 help us do? What is it all about?
2. Name some of the benefits Ya Shem brings to us?
3. What did Rabbi mean when he said that God is the “be-er” or is reality? How does God’s name illustrate this?
4. How does understanding how big God really is help us go deeper and marvel more about His compassion.
5. Read Exodus 33:19. The revelation of God’s glory is really a revelation of His _____.
6. Write about the word for compassion in Hebrew. Rachum comes from the concept of a mother’s womb. How does this help explain God’s compassion?